

Betley Bike-Curious

MAIN SPONSORS



Charity Bike Ride

The 2017 cycle ride is being held to raise money for **The Dougie Mac Hospice, Up and Under Foundation and Approach** via sponsorship raised by the cyclists and anyone who wants to help.



Fun Rides

A number of fun rides will be held before the event so keep an eye out for dates and times.

For more information call:
Mark Morris
07818 040071
Cath Ball
07909 547208

Main Ride: 22nd – 23rd July 2017

Option 1 Holyhead to Betley. This ride is about 130 miles and completed over 2 days. Day 1 is 70 miles from Holyhead to Prestatyn staying at The Beaches Hotel overnight. Day 2 is 60 miles from Prestatyn to Betley.

Option 2 Bangor to Prestatyn. This ride is about 45 miles using the same route as option 1. It is completed on day 1 with an overnight stay at The Beaches Hotel.

Option 3 - Bangor to Betley.

This ride is approximately 100 miles and is completed on day 2 subject to cyclist numbers and support crew availability. It can be combined with day 1 option 1 or 2.

We try to stay on cycle paths using parts of national cycle route 5 where possible because it is safer and flatter.

There will be support vehicles close by at all times to provide water, to assist with bike breakdowns which you are unable to fix yourself and in case of emergencies.

To become a part of this challenging fundraising year, a **non-refundable** fee of **£90 for adults**, **£55 for children** (under the age of 16 and accompanied by an adult) and **£55 for support crew** is required by the 11th March 2017 in order that the transport and hotel can be booked.

This event has been organised with your safety in mind and we suggest that cyclists obtain insurance cover. Insurance can be obtained from the British Cyclist Foundation or the CTC. It is compulsory that all participants wear a helmet. By signing below you agree that the event organisers, sponsor, supporters and support crew will not be held liable for any damage or injury sustained as a result of your participation in this event.

Entry Details

Please complete the form below and return to: Mark Morris, Cath Ball, The Swan Betley or Options Management.

Name:

Mobile No:

Cycling Options:

Support Team:

Jersey/chest Size:

Would you be interested in a 2 course carvery meal at the Hotel? (£12.95 payable to the Hotel on checkout) ☐ Yes ☐ No

Paid: ☐ Yes ☐ No

Method of payment

☐ Cash ☐ Cheque (payable to Betley Bike Curious) ☐ Bank (call for details)

Signature:

Date:

Event Supporters



In aid of the Dougie Mac Hospice, Up and Under Foundation and Approach – Many thanks for your help!